



TILAK MAHARASHTRA VIDYAPEETH (TRUST) LOKMANYA TILAK COLLEGE OF PHYSIOTHERAPY

RECOGNIZED BY MAHARASHTRA STATE COUNCIL FOR OCCUPATIONAL THERAPY AND PHYSIOTHERAPY, MUMBAI

Plot No. 3, Sector 14, Near RaghunathVihar, Kharghar, Navi Mumbai 410210.

DEPARTMENT OF CARDIOVASCULAR &
RESPIRATORY PHYSIOTHERAPY
is organising & conducting a Guest Lecture on

CARDIAC REHABILITATION

Let's celebrate World Heart Day,
with a better understanding of
Cardiac Rehabilitation. And Learn
about the journey of successfully
running an Independent Cardiac
Rehab Centre




Dr. SHERAL THOMAS KACHPILE (PT)


BPTH, MPTH - Cardiovascular &
Respiratory Physiotherapy (KEM
Hospital)

Founder & Chief Physiotherapist at
Heart and Lung Care Physio & Rehab,
Vasai

Member of SOCVPR
Speaker & Publisher at National &
International levels

 Date: 28th September 2024

 Time : 1pm to 3 pm

 Venue : Seminar Hall,
TMV's Lokmanya Tilak College of
Physiotherapy, Navi Mumbai

OUR PATRONS

DR. PRANATI TILAK
Campus Director

DR. PRANJAL GROVER
Principal

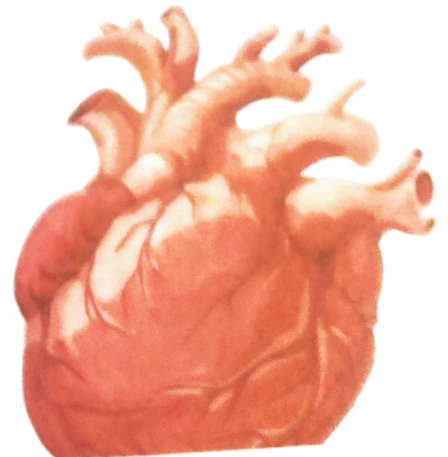
ORGANIZERS

DR. VIJAYENDRA RAJGURU
Professor - HOD

DR. HIRANMAYEE BAGWE
Associate Professor

DR. RUTUJA KAMBLE
Assistant Professor

DR. SHRUTI SARKAR
Assistant Professor





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Email ID: lokmanyamcop@gmail.com / Web Site: <http://www.lmcop.edu.in>

Date: 28.09.2024

Report on Guest Lecture on 'Cardiac Rehabilitation: Risk factor Awareness' on occasion of World Heart Week Celebration 2024

Preamble	: On Occasion of World Heart Day 2024, Department of Cardiovascular and Respiratory Physiotherapy, TMV's Lokmanya Tilak College of Physiotherapy, Kharghar organized a week focusing on importance of Physical activity and fitness based on the theme 'Use Heart for Action' for the year 2024. An array of events were organised and conducted for patients, students and faculty members. This week long event underscored the importance of Heart Health both in Awareness and Action.
Objective	: <ol style="list-style-type: none">1. To create awareness regarding identification of risk factors for development of Heart disease.2. To provide insight into benefits of Cardiac Rehabilitation among normal healthy individuals
Event	: World Heart Week Celebration 2024
Date and Time	: 28 th September 2024, 1.00 pm to 4.00 pm
Organized by	: Department of Cardiovascular and Respiratory Physiotherapy, TMV's Lokmanya Tilak College of Physiotherapy, Kharghar
Participants	: 12 faculty members and 54 BPTth students
Event Coordinator	: Dr. Vijayendra Rajguru, Dr. Hiranmayee Bagwe, Dr. Rutuja Kamble and Dr. Shruti Sarkar
Venue	: Seminar Hall, 3 rd floor, Tilak Maharashtra Vidyapeeth, Sector - 14, Kharghar.
Summary	: The guest lecture began with brief introduction of the objectives of the guest lecture followed by lamp lighting and recitation of Saraswati Vandana prayer. Dr. Sheral was felicitated by Dr. Pranjal Grover, Principal, LTCOP. Thereafter, Dr. Shruti Sarkar briefly introduced Dr. Sheral Kachpile, Guest lecturer for the day. Dr. Sheral delivered a talk on Importance of Cardiac rehabilitation and identifiers of Cardiac risk factors. She further shared her valuable experience of setting up of independent cardiac rehabilitation setup. The session concluded with vote of thanks delivered by Dr. Rutuja Kamble
Feedback	: Students reported it as a good learning experience that helped clarify their doubts regarding cardiac rehabilitation. Students also reported they got an insight about entrepreneur skills in Cardiovascular and Respiratory Physiotherapy

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Fig 1. Dr. Sheral Kachpile conducting a guest session on 'Cardiac Rehabilitation: Risk factor awareness' at LTCOP, Navi Mumbai



Fig 1. Group photo with faculty and students after the Guest session at LTCOP, Navi Mumbai

Dr. Hiranmayee Bagwe
Event Coordinator

TMV's Lokmanya Tilak College of
Physiotherapy, Navi Mumbai

Dr. Vijayendra Rajguru
Head of Department

TMV's Lokmanya Tilak College
of Physiotherapy, Navi Mumbai

Dr. Pranjal Grover
Professor – Principal

TMV's Lokmanya Tilak College
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